

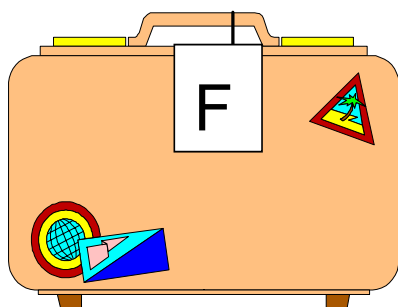


INTERNATIONAL LANGUAGE HOLIDAYS

FRAMLINGHAM COLLEGE 2008

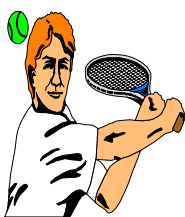
INFORMATION

WHAT SHOULD I BRING WITH ME TO FRAMLINGHAM COLLEGE?



- Bring a suitcase with you that you can lock to keep your belongings safe.
- Clothing is very informal at all times. Only bring clothes which are easy to look after. All clothes must have your name on them. Bring enough changes of socks, underwear etc. to last for 7 days.
- You must bring two towels, a swimming costume and sports clothes
- Bring a pen and other useful school things. You can bring a personal cassette or CD player

SHOULD I BRING SPORTS EQUIPMENT?



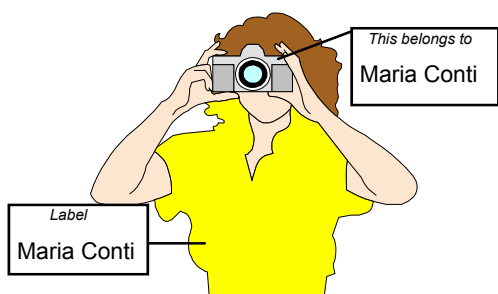
- You can do lots of different sports at Framlingham College so bring sports clothes and shoes.
- International Language Holidays will provide racquets, balls and other equipment for sports. However, you can bring your own favourite racquets and equipment if you want to.

IS THERE ANYTHING I SHOULD NOT BRING?



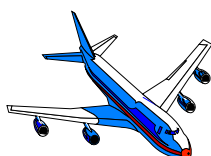
- Expensive computer games and personal belongings
- Skate and surf boards, roller skates
- Large CD and cassette players

WILL MY CLOTHES BE WASHED FOR ME ?



- Washing and ironing will be done at the school but normally **only once a week**
- It is very important that **all your belongings** and clothes are **marked with your name** so that they can be returned after washing and ironing. Mark all personal belongings so that any **lost property** can easily be returned.

HOW WILL I TRAVEL TO FRAMLINGHAM COLLEGE?

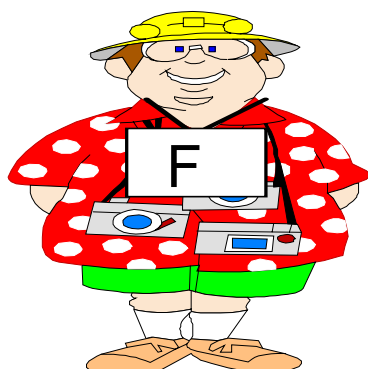


- **Group travel:** the leader or agent will give us the information about your flight.
- **Individual students:** you must send us this information
 - ✓ flight number **[BA 342]**
 - ✓ the airport of arrival **[LHR, LGW]**
 - ✓ the date **[04 July]**
 - ✓ time **[15.00]** of arrival

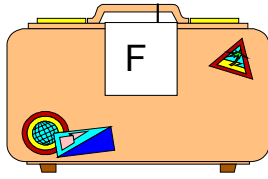
at least 2 weeks before you arrive



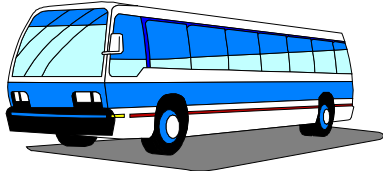
- You will be **met on arrival** at the airport by our International Language Holidays staff.
- Our staff wait in the area immediately outside the customs in arrivals. They will hold up large signs and are wearing **blue vests** with the  logo in yellow so you can see them easily



- Use the **special luggage labels**
- Our staff can then easily see you when you arrive at the airport
- One should be worn



- One should be **tied to your suitcase**



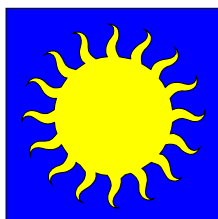
- You will be taken a private coach or taxi which will take you with our staff directly to Framlingham College.
- **Flight delays:** our staff will wait for all flights. We **check** the times of **all** delayed flights. We will always wait for you!

WHAT HAPPENS WHEN I HAVE FINISHED MY COURSE?



- At the end of the course you will be taken to the airport by coach or taxi with our staff
- You will be checked in for your return flight and then you will be escorted to the Departures Lounge at the airport.
- If you are travelling alone, you will then be looked after by airline staff.

WHAT WILL THE WEATHER BE LIKE IN ENGLAND IN JULY?



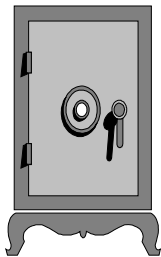
- The weather in England is very **changeable** and so we suggest that you bring a warm and waterproof coat or jacket.
- In July the temperature is usually about 25 ° C but may be 17 ° C

HOW MUCH POCKET MONEY SHOULD I BRING?



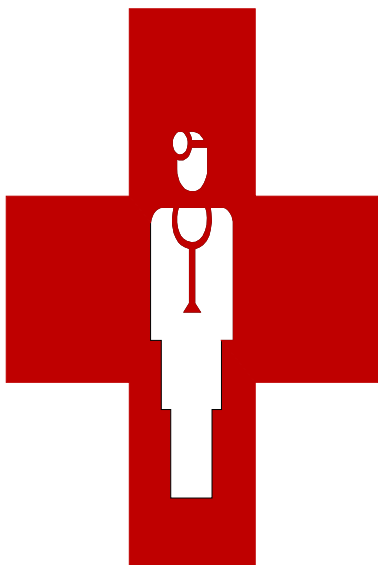
- There is no charge for books, meals nor any of the trips, visits and excursions you will make.
- You will need money only for, extra drinks, snacks, telephone calls, postcards and stamps, presents and souvenirs
- We recommend pocket money between £50 - £70 per week
- We recommend that you bring English money with you [sterling pounds]. However there is a bank near Framlingham College where travellers' cheques and currency can be changed.

WHO WILL LOOK AFTER MY MONEY, MY PASSPORT AND MY TICKETS ?



- On arrival at Framlingham College the Course Director will ask for your passport, your airline ticket and your money
- He will lock these in our safe so that they cannot be lost or stolen.
- He will give you a receipt. You can get your money each day as you need it.

WHAT WILL HAPPEN IF I FEEL ILL?



- **A doctor is available 24 hours per day.**
- If you don't need medical insurance because the Health Service of Britain has an arrangement with your country, there is no charge for treatment or medicine. You will always have to pay for dental treatment
- If the Health Service of Britain does not have an arrangement with your country, you must arrange your own medical and travel insurance in your own country before you leave. **International Language Holidays does not arrange insurance for students.**
- You must complete the medical information section in our enrolment form or a form given you by your leader.
- Parents and group leaders must provide previous medical history of all students to Framlingham College staff

******VERY IMPORTANT INFORMATION******

Parents must give permission **in writing** to allow Framlingham College staff to prescribe aspirin and paracetamol or similar medicines for coughs and colds.

All student medicines must be given to the Course Director at the beginning of the course.

International Language Holidays **cannot accept responsibility** concerning the medical condition of any student, if we do not have necessary information in writing before the child arrives.

International Language holidays assumes that when parents enrol students on an International Language Holiday programme, they are automatically giving permission for their children to participate in all advertised programmes in the brochure, unless they give different instructions in writing.

HOW CAN YOUR PARENTS CONTACT YOU BY TELEPHONE ?

- The telephone number for parents wishing to telephone is

+44 1728 727258



- Parents can only call at the following times

08:00 - 09:00

12:45 - 14:00

17:00 - 18:30

- If parents telephone to speak to a student, there may be a long delay before he or she can be brought to the telephone. Framlingham College is situated on a very large campus and it can take ten minutes or more to bring a student from the Sports Hall or the Swimming Pool to the telephone.

IT IS MUCH BETTER IF YOU TELEPHONE YOUR PARENTS FROM TIME TO TIME. THERE ARE SPECIAL TELEPHONES AT THE SCHOOL FOR YOU TO USE AND OUR STAFF ARE ALWAYS ON HAND TO HELP. REMEMBER, IT CAN TAKE A LONG TIME TO BRING YOU TO THE TELEPHONE IF YOUR PARENTS CALL YOU.

RULES FOR STUDENTS AT FRAMLINGHAM COLLEGE

1. SMOKING is strictly forbidden.
2. DRINKING ALCOHOL is strictly forbidden.
3. Use of illegal drugs will lead to the immediate expulsion of any student from the College.
4. Students are not allowed to leave the College grounds without an adult escort.
5. Students must not go off alone or fall behind the rest of the group when out on an excursion. Students must wear their SOS.
6. Students may not enter the Swimming Pool Enclosure except under the required supervision.
7. Other OUT OF BOUNDS areas are clearly marked in the College and these signs must be obeyed.
8. Boys must not make use of the girls' dormitory area and vice versa.
9. All students must remain in their bedrooms between LIGHTS OUT and the first morning bell (except for necessary visits to the toilets).
10. Students must use the Payphones in the College if they wish to phone home.
11. During the mid-morning break, students should not go back to their rooms.
12. Students must be punctual at all times.
13. Litter must not be deposited on the floors or in the grounds of the College. It should also not be scattered around the coaches during excursions.
14. Any VIOLENT ACTIVITY is strictly forbidden
15. Students are expected to behave well and show good manners at all times.
16. Students should try not to use their own language in front of those who do not understand.

FRAMLINGHAM COLLEGE OFFICE

 **+44 1728 727258**

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More useful information can be found at www.cesc.co.uk

International Language Holidays are accredited by the British Council