




Example Weekly Intermediate Timetable at Ipswich Summer Centre - Week One

There may be slight variations in different years ILH reserves the right to offer similar programmes

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08.00 - 9.00	<i>Breakfast with families - students can make a choice but will have a substantial breakfast. Students make their own way to Ipswich Summer Centre which is in the town Centre. Some students can walk ~ others take a bus with a small bus fare .</i>						
09.00 -10.30	Welcome to Ipswich Test Introduction	GENERAL LANGUAGE PROGRAMME: Students work with a modern textbook: the programme they follow depends on their level				ALL DAY EXCURSION TO LONDON Walking tour of London	Free time with families
10.30 - 11.00	<i>Mid-morning coffee break</i>						
11.00 - 11.45	Useful language <i>Living with an English Family</i>	Writing 'First Impressions of Ipswich'	Reading History of Colchester Map-reading	Speaking Discussion class	Background Reading London Excursion		
11.45 - 12.30	Pop songs	Making a video	Discussion Class	Quiz	Using the London Underground	No entrance fees	Trafalgar Square
12.30 - 13.30	<i>Lunch in restaurants nearby or hot lunch at Summer Centre [not included in the basic course fees]</i>						
ACTIVITY PROGRAMME							
13.45 - 15.00	Guided tour of Ipswich [new students] Table Tennis	 Tennis in Christchurch Park	EXCURSION COLCHESTER <i>England's oldest town</i> Castle Roman Wall	Swimming at Crown Pools 	Visit Ipswich Transport Museum!	Whitehall Downing Street Westminster St James Park Buckingham Palace	
15.00- 16.00	Bingo with prizes!	Quiz afternoon Prizes!	Optional visit Colchester Castle	Video Relax to the latest movie	Tennis		
<i>Dinner with Ipswich families</i>							
19.00 - 22.00	Visit Cinema in Ipswich Virgin Multi-Screen Cinema Meet up with other students	1900 2030 Olympics at Christchurch Park Soft Ball Competition	 Barbecue and Disco Colchester English Study Centre No alcohol	Evening spent with local families	Disco Come and dance to the latest sounds No alcohol	Free time	Free time

Is the activity programme free?

The basic social programme is free and there is a lot to do. Sometimes students like to do other things and we try to help arrange some interesting events. There is always a small charge for these events and they are **shaded**. It does not include entrance to museums or similar.